



## How to Survive the Great Recession: The Resilient Response (Paperback)

By Dr. Ed Deevy

The Liffey Press, Ireland, 2010. Paperback. Book Condition: New. 208 x 148 mm. Language: English . Brand New Book. This book is about how individuals, families and organisations can respond resiliently to the awesome challenges posed by the Great Recession. The global meltdown of major financial institutions, triggered by the greed and corruption of the banksters and their political collaborators, now threatens the economic security of people everywhere. Ordinary citizens are struggling to weather a storm that doesn t show signs of subsiding anytime soon. How to Survive the Great Recession offers an antidote to the fear and worry many are experiencing. More about the psychology of survival than economics, it shows how individuals and families with the right attitudes can successfully confront current economic challenges while still maintaining a life that has quality and meaning. An easy-to-read guide, it provides over 40 tips on surviving and thriving in the most difficult economic environment since the Great Recession of the 1930s., addressing critical survival issues such as: why confronting the fear itself is the first step in surviving this recession; what to do about recession-related stress and anxiety; how to stay positive in the face of all the negative economic...



## Reviews

A really awesome ebook with perfect and lucid reasons. Indeed, it is engage in, still an amazing and interesting literature. I am just very easily could possibly get a satisfaction of reading a composed publication.

## -- Petra Kuphal

Excellent electronic book and valuable one. We have read and so i am sure that i am going to likely to study again once more in the foreseeable future. I am just happy to inform you that here is the very best book i have read during my personal lifestyle and might be he greatest book for possibly.

-- Brendan Wuckert