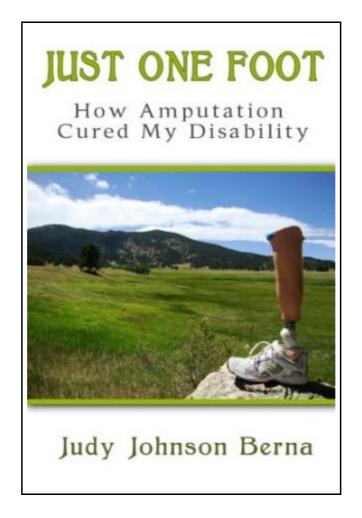
Just One Foot: How Amputation Cured My Disability (Paperback)



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JUST ONE FOOT: HOW AMPUTATION CURED MY DISABILITY (PAPERBACK)



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Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Judy Johnson Berna is a wife, mother, sister, and daughter. She is also an elective amputee. After spending almost thirty years hating her deformed left foot, and doing her best to hide it, she decided it was time to get an upgrade. On January 12, 2004, she started over with a new foot and a new life. By June she was hiking trails with her children. On the first anniversary of her surgery she learned to ski. Every day she has been thankful for a foot that finally works and a life of new opportunities. This is the story of how she spent her childhood trying to figure out where she fit as her large family took in more and more foster children. Life became more complicated when her left foot stopped growing correctly at age ten. When repeated surgeries didn t help and doctors couldn t diagnose the problem, she tried her best not to burden her overworked parents. Her inability to run and jump seemed insignificant compared with the troubles her foster siblings faced. As a young adult she started quizzing orthopedic doctors about the idea of amputation. Every one of them told her it was a bad idea and signified medical failure, so she pushed the idea to the back of her mind. She married her college sweetheart and within a decade they had four children. By the time her youngest was a toddler, the Internet had grown enough to give her new answers. Answers that included hope. On a cold winter day she walked into a hospital on two feet and hopped out a day later with just one. She has never looked back....

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